

## **TESTOSTERONE AND ARTERY DISEASE**

Contrary to popular belief, previous studies have shown that men who suffer a heart attack tend to have abnormally low concentrations of testosterone in their blood stream. A particular study evaluated 55 men with chest pain and other symptoms of atherosclerosis. Researchers found those who had low concentrations of testosterone in their blood were significantly more likely to have atherosclerosis documented by angiography. This study was done at Columbia University's College of Physicians and Surgeons in New York. This study was the first to find a relationship between testosterone and the degree of atherosclerosis. It is thought that testosterone possibly helps protect men against heart disease, while estrogen protects women against heart disease. 20327

"Does Testosterone Fight Artery Disease", Fackelmann, K.A., Science News, May 28, 1994;145:340. (Address: K.A. Fackelmann, Science News, 1719 N St., N.W., Washington, D.C. 20036, U.S.A.)